

Before your Venaseal™ varicose vein treatment

What is Venaseal vein treatment?

Venaseal is a medical-grade glue used to shut down incompetent veins. Tiny, controlled amounts of glue are injected into the vein via a thin tube, using a special dispenser. All the while progress is monitored onscreen using ultrasound. When the glue is in place along the vein, the surgeon puts pressure on the leg to seal it. Once the vein has been glued shut it will harden and gradually be absorbed by the body. Blood will naturally re route through other healthy veins.

What is sclerotherapy?

When your varicose vein is injected with sclerosant it's called sclerotherapy. Sclerosant is a chemical that causes your veins to collapse. Immediately after your vein is glued, the remaining smaller reticular veins will be injected with sclerosant.

What to expect

Pre procedure

Our nurse will call you a few days before your procedure, this is a good time to ask any questions. Please tell the nurse about any medications you are on or any health concerns you have. Please let us know if you are planning on travelling long distance by air within the next six weeks. Domestic air travel is fine.

You will already have had a consultation with Mr Evans and either had an ultrasound scan of your leg/s or this will be done immediately before your procedure.

The day of your procedure

You can eat and drink as normal. You can drive afterwards but you may prefer to have someone collect you.

Please arrive on time for your appointment. Our nurse will take you through to the assessment room and admit you.

Mr Evans will talk to you, answer any questions you may have and if you are happy to go ahead, will ask you to sign a consent form.

The procedure takes approximately one hour and there is minimal discomfort.

After your procedure

You will be fitted with thigh-length compression stockings as soon as the procedure is completed. We provide roll-on skin adhesive glue that will help to keep your stockings in place and a waterproof covering for when you shower.

See over for information on what to do after your varicose vein treatment.

After your Venaseal varicose vein treatment

What to expect after your treatment

After your treatment you can resume your normal activities and work. It's normal to have some small lumps and/or bruises that may appear on your legs; these will gradually disappear.

What pain relief should I use?

For pain or discomfort after your treatment take paracetamol (2 tablets 4-6 hourly), no more than 4gms (8 tablets) in 24 hours. You may also take an anti-inflammatory, such as Nurofen (ibuprofen), in conjunction with paracetamol.

Managing your compression stockings

You need to wear your compression stockings continuously for 10 days. This means day and night. You can shower while wearing your stockings (we'll give you a waterproof covering).

Keep moving

It's important to keep moving after your operation. Avoid standing for long periods and try to walk around for 10 minutes each hour. When you are able to, increase your walk to about half an hour each day.

You can resume normal activities straight away. If you normally do more strenuous activities, ask our nurse for advice.

You should also avoid swimming or hot tubs for two weeks because of the risk of infection.

What about travelling?

Talk to us if you're planning any long distance travel by air within the next six weeks. Domestic air travel is fine. If you're going on a long car trip we advise stopping frequently and getting out to walk for short periods.

Free follow up

Mr Evans will want to check your progress in about six weeks. A free follow-up appointment by phone, Zoom or in person (depending on what suits you) will be arranged before you leave the clinic.



What should I do if I feel unwell?

Please contact us if you feel unwell after you leave and have any of the following:

- increased pain, redness or swelling in or around the wounds
- loss of sensation or difficulty moving your leg and/or foot
- excessive bleeding or your wound is oozing
- fever or chills
- chest pain and/or breathlessness
- any other symptoms you are worried about.

Call 0800 45 45 88

After hours:

Practice nurse: 022 510 8161

Richard Evans: 021 022 74351

In an emergency call an ambulance on 111

p: 0800 45 45 88 | e: info@revascular.co.nz | w: revascular.co.nz